

THE  
**United Church**  
OF THE **San Juans**



**THIRD SUNDAY  
IN LENT**

**MARCH 12, 2023**

**LEADING TODAY'S WORSHIP:** *Katy Kristoffersen, Music Director; Tamora Thomas, Worship Leader; Rev. Melinda Veatch*

**MEDITATION BEFORE WORSHIP**

**Oh, feed me this day, Holy Spirit, with the fragrance of the fields and the freshness of the oceans which you have made, and help me to hear and to hold in all dearness those exacting and wonderful words of our Lord Jesus Christ, saying: *Follow me.***

**– The fifth of “Six Recognitions of the Lord,” by Mary Oliver, from *Thirst***

**WELCOME AND ANNOUNCEMENTS**

PASTOR MELINDA VEATCH

**PRELUDE** *Pastoral Symphony, from "Messiah"* (G.F. Handel; arr. James Curnow)

KIM LUNDGREN, FLUTE;

MIKE KRISTOFFERSEN, STRING BASS; KATY KRISTOFFERSEN, PIANO

**CALL TO WORSHIP** *from PSALM 95:1-6*

TAMORA THOMAS

Leader: O come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation!

**People: Let us come into God's presence with thanksgiving; let us make a joyful noise to God with songs of praise!**

Leader: For the Lord is a great God and a great Ruler above all gods.

**People: In God's hands are the depths of the earth; the heights of the mountains. The sea is God's, and the dry land, which his hands have formed.**

Leader: O come, let us worship and bow down, let us kneel before the Lord, our Maker! Let us worship God!

**WELCOMING SONG\*** *Rain Down* (Jamie Cortez)

CONGREGATION

**HYMN NO. 444**

**All Verses**

PRAYER OF CONFESSION

TAMORA THOMAS

Gracious and loving God, we confess that we go to shallow waters to quench the thirst in our lives. We grab for quick fixes. We focus on what is flashy. We decide for the convenient. In all of that we miss the Living Water of Your Spirit. Forgive us, Holy God. Help us to wait for you. Help us to train our eyes on you. Help us to walk into deeper waters in our relationship with you and with others. We ask it in the name of Jesus Christ, our Lord, the Living Water. Amen.

*Time of silence*

THE ASSURANCE OF PARDON

REV. MELINDA VEATCH

SCRIPTURE EXODUS 17:1-7

JUNELLA HILDRETH

<sup>1</sup>The whole Israelite community set out from the Desert of Sin, traveling from place to place as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. <sup>2</sup>So they quarreled with Moses and said, "Give us water to drink."

Moses replied, "Why do you quarrel with me? Why do you put the LORD to the test?"

<sup>3</sup>But the people were thirsty for water there, and they grumbled against Moses. They said, "Why did you bring us up out of Egypt to make us and our children and livestock die of thirst?"

<sup>4</sup>Then Moses cried out to the LORD, "What am I to do with these people? They are almost ready to stone me."

<sup>5</sup>The LORD answered Moses, "Go out in front of the people. Take with you some of the elders of Israel and take in your hand the staff with which you struck the Nile, and go. <sup>6</sup>I will stand there before you by the rock at Horeb. Strike the rock, and water will come out of it for the people to drink." So Moses did this in the sight of the elders of Israel.

<sup>7</sup>And he called the place Massah and Meribah because the Israelites quarreled and because they tested the LORD saying, "Is the LORD among us or not?"

Leader: This is the Word of the Lord.

People: **Thanks be to God. Amen.**

**ANTHEM** *In Paradisum, from "Requiem"* (Gabriel Faure) UCSJ CHOIR; ALLYSON COTHAM, SOLOIST; KIM LUNDGREN, FLUTE; MIKE KRISTOFFERSEN, STRING BASS; KATY KRISTOFFERSEN, PIANO

In Paradisum deducant Angeli in tuo  
adventu suscipiant te Martyres  
et perducant te in civitatem sanctam Jerusalem  
"Jerusalem!"

**Chorus**

*Angelorum te suscipiat  
et cum Lazaro quondam paupere  
aeternam habeas requiem.  
"Aeternam habeas requiem."*

May the Angels lead you into paradise,  
may the martyrs receive you at your coming,  
and lead you into the holy city, Jerusalem.

May the choir of Angels receive you,  
and with Lazarus, who once was poor,  
may you have everlasting rest.

<sup>5</sup> So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph.  
<sup>6</sup> Jacob’s well was there, and Jesus, tired from the journey, sat down by the well. It was about noon.  
<sup>7</sup> When a Samaritan woman came to draw water, Jesus said to her, “Will you give me a drink?” <sup>8</sup> (His disciples had gone into the town to buy food.)  
<sup>9</sup> The Samaritan woman said to him, “You are a Jew, and I am a Samaritan woman. How can you ask me for a drink?” (For Jews do not associate with Samaritans.)  
<sup>10</sup> Jesus answered her, “If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water.”  
<sup>11</sup> “Sir,” the woman said, “you have nothing to draw with and the well is deep. Where can you get this living water?  
<sup>12</sup> Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?”  
<sup>13</sup> Jesus answered, “Everyone who drinks this water will be thirsty again, <sup>14</sup> but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.”

Pastor: This is Gospel of the Lord.  
 People: **Thanks be to God. Amen.**

MESSAGE

*“Living Well”*

REV. MELINDA VEATCH

RESPONDING TO GOD’S GRACE WITH OUR TITHES AND OFFERINGS

*Thank you for your continued support of the church and our mission.*

PRAYER OF DEDICATION

DOXOLOGY\*

Praise God, from whom all blessings flow;  
 Praise Christ, all people here below;  
 Praise Holy Spirit evermore;  
 Praise Triune God, whom we adore. Amen

JOYS AND CONCERNS OF THE PEOPLE

THE LORD’S PRAYER

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.

SENDING SONG *Shall We Gather at the River* (Robert Lowry)

CONGREGATION

HYMN NO. 522 All Verses

BLESSING

REV. MELINDA VEATCH

Leader: May Christ’s Living Water well up in us and bless our lives.

People: **And may the Living Water that flows from us bless the lives of those around us.**

\*Indicates we stand - if it is comfortable

**POSTLUDE** *Adagio, from Flute Quartet in D Major* (W.A. Mozart; transc. Louis Moyse)

KIM LUNDGREN, FLUTE;  
KATY KRISTOFFERSEN, PIANO

**CHARGE**

REV. MELINDA VEATCH

Leader: Let us go out carrying Christ's Living Water wherever we go.

People: **And let us freely share Christ's life and love with the world beyond these walls!**

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**OUR MISSION**

- We are a loving and compassionate church family that *respects the dignity and integrity* of each individual.
- We find our joy and meaning through faith in God and Jesus Christ and the Holy Spirit.
- We seek to promote Christian unity and to encourage understanding and cooperation with those from different traditions.
- We seek to foster deeper relationships with God and each other through worship, fellowship, growth and service.

**WE ARE AFFILIATED WITH**

THE PRESBYTERIAN CHURCH USA ~ THE UNITED CHURCH OF CHRIST

THE UNITED METHODIST CHURCH ~ THE EVANGELICAL LUTHERAN CHURCH IN AMERICA



**Rev. Melinda A. Veatch**      [ucsjpastor@gmail.com](mailto:ucsjpastor@gmail.com)

Church Office hours: Tuesday—Thursday 9:00 a.m. to 2:00 p.m.

[www.ucsjridgway.org](http://www.ucsjridgway.org) . 970-626-5803 . P.O. Box 295 . 295 N. Lena Street . Ridgway CO 81432 . Facebook/UCSJRidgway

**MUSIC**

Katy Kristoffersen, Director  
[ucsjmusic@gmail.com](mailto:ucsjmusic@gmail.com)

**OFFICE**

Anita Posey, Admin. Assistant  
[ucsjoffice@gmail.com](mailto:ucsjoffice@gmail.com)